



The Mannerly Dog

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Training Tip Sheet: Using Stuffed Kongs & Food-dispensing Devices for Adult Dogs

Benefits:

- Food-dispensing devices are fun for your dog, help prevent boredom and actually teach him to work for his food. Dogs who have learned to operate stuffed Kongs and other devices like Busy Buddy Kibble Nibble, Tug-a-jug, Magic Mushroom, and Bob-a-lot understand that doing something gets them good things, and they are prepared for training.
- Feeding devices are helpful for preventing and treating behavior problems like separation-induced distress.

How to Stuff a Kong:

1. You can fill a Kong toy with your dog's regular food and use it for his meals.
2. Make it special by layering gooey foods with treats, kibble, or bits of fruits and vegetables in the Kong. For the gooey layers, try:
 - a. Cream cheese
 - b. Yogurt
 - c. Peanut Butter
3. For a really special Kong that lasts a long time, put one of the layered ones in the freezer overnight! These are great for when you leave your dog in a crate while you're gone. You'll find him looking forward to you leaving, since he'll be getting his frozen Kong; he won't dread being left alone.

[Click here for some recipes you can use to treat your dog.](#)